



## World Health Organization International Healthy Cities Conference

1 – 4 October 2018, Waterfront, Belfast, Northern Ireland

***Changing cities to change the world***

Celebrating 30 years of the Healthy Cities movement

Provisional Programme - *Programme is subject to change*

### **Sunday 30 September 2018**

**19.00 Sunday 30 September 2018**

19.00 – 21.00: Registration, Waterfront Hall

### **Monday 1 October 2018**

**7.00 Monday 1 October 2018**

7.00 – 9.00: Registration, Waterfront Hall

**8.30 Monday 1 October**

8.30 – 10.00: WHO European Healthy Cities Business Meeting

**Opening:** Cllr Kate Nicholl, Chair, People & Communities Committee, Belfast &

Dr David Stewart, Chair, Belfast Healthy Cities tbc

**Chair:** Ms Monika Kosinska, WHO Europe, Healthy Cities Lead

Close of Phase VI & Preparation for Phase VII of the WHO European Healthy Cities Network

*Open to all delegates, voting restricted to members of the Phase VI network*

### 10.00 Monday 1 October

10.00 – 12.30: Side Events; tea & coffee will be available on arrival at Side Event

10.00 – 10.30: Tea & coffee available in Waterfront Hall, for those not attending Side Events

### 10.30 Monday 1 October

10.30 – 12.30: Side Events

<p><b>Research on Physical Activity for older people within place making</b></p> <p>Welcome: Cllr Sonia Copeland, Chair All Party Political Group on Older People tbc</p> <p>Venue: City Hall, Belfast</p>	<p><b>Healthy Stadia</b></p> <p>Welcome Permanent Secretary, Department for Communities, tbc</p> <p>Venue:</p>	<p><b>Early Years: ACEs (Adverse Childhood Experiences) Trauma informed approach to early years</b></p> <p>Welcome: Deputy CEO, Health &amp; Social care Board</p> <p>Venue: Ulster University, York Road</p>	<p><b>Civil Engineers role in Play and Place in Transforming Lives</b></p> <p>Welcome: Permanent Secretary, Department for Infrastructure, tbc</p> <p>Venue: Ulster Hall, Bedford St</p>
<p><b>Planetary Health: Building sustainable, healthy &amp; equitable cities</b></p> <p>Welcome: Chief Environmental Health Officer Northern Ireland tbc</p> <p>Venue: PRONI</p>	<p><b>Northern Ireland's journey to Peace</b></p> <p>Welcome: tbc</p> <p>Venue: Linenhall Library</p>	<p><b>Healthy Ageing – title tbc</b></p> <p>Welcome: Older Peoples Commissioner Northern Ireland tbc</p> <p>Venue: Assembly Buildings</p>	<p><b>WHO European Healthy Cities National Network Co-ordinators meeting</b></p> <p>Welcome: UK National Network politician tbc</p> <p>Venue: Waterfront Hall</p>

### 12.30 Monday 1 October 2018

12.30 – 14.00: Lunch, Waterfront Hall

### 14.00 Monday 1 October 2018

14.00 – 16.00: Plenary, Unofficial Opening, Waterfront Hall

'Healthy Cities in 40 years of Alma Ata & Celebrating 70 years of the National Health Service, United Kingdom'

Welcome from Belfast: The Right Hon the Lord Mayor of Belfast, Cllr Deirdre Hargey tbc

Dr Michael McBride, Chief Medical Officer, Northern Ireland tbc

Welcome from the World Health Organisation: Dr Piroska Ostlin tbc

Chair: Dr Michael McBride tbc

Discussant: Ms Monika Kosinska tbc

*Speakers & titles of presentations to be completed by MK*

### 16.00 Monday 1 October 2018

16.00 – 16.30: Break, Waterfront Hall

### 16.30 Monday 1 October 2018

#### Parallel Sessions A

16.30 – 18.00 <i>Strategic Workshop</i>  <b>A1: Place-making in the city: Different experiences</b>	16.30 – 18.00 <i>Learning through practice</i>  <b>A2: Living well with Dementia: inclusive responses (4)</b>	16.30 – 18.00 <i>Learning through practice</i>  <b>A3: Co-production: enhancing sustainable communities (4 but 2 joint)</b>	16.30 – 18.00 <i>Learning through practice</i>  <b>A4: Empowering people for improved mental well-being: collaborative approaches</b>
16.30 – 18.00 <i>Learning through practice</i>  <b>A5: Health: a key element of urban prosperity</b>	16.30 – 18.00 <i>Learning through practice</i>  <b>A6: Cultural activities: enhancing accessibility through collaboration</b>	16.30 – 18.00 <i>Meeting</i>  <b>A7: UK Healthy Cities Network meeting: preparation for Phase VII</b>	

### 18.30 Monday 1 October 2018

18.30: Leave Waterfront Hall to travel to Whitla Hall, Queen's University Belfast, tbc

19.00: Welcome Reception, Whitla Hall, Queen's University Belfast tbc

Vice Chancellor, Queens University Belfast tbc

## Tuesday 2 October 2018

### 7.30 Tuesday 2 October 2018

7.30 – 8.00: Park run, Riverside Entrance, Waterfront Hall

7.00 – 9.00: Registration, Riverside entrance, Waterfront Hall

### 9.00 Tuesday 2 October 2018

9.00 – 10.00: Official Opening Ceremony

Welcome from Belfast: Ms Karen Bradley, Secretary of State for Northern Ireland tbc

The Right Honourable the Lord Mayor of Belfast, Cllr Deirdre Hargey tbc

Mr David Sterling, Head of Civil of Service Northern Ireland tbc

Welcome from the World Health Organization:

Dr Tedros Adhanom Ghebreyesus, Director General WHO tbc

Dr Zsuzsanna Jakab, Regional Director, WHO Europe

**10.00 Tuesday 2 October 2018**

10.00 – 10.30: Break, Waterfront Hall

**10.30 Tuesday 2 October 2018**

10.30 – 12.30: Plenary session

Chair: Permanent Secretary Northern Ireland tbc

Key note 1 & Presentations/Round table: World Health Organization Healthy Cities: A Global movement tbc

**12.30 Tuesday 2 October**

12.30 – 14.00: Lunch, Harbours Commissioners Office

12.30 – 14.00: Lunch, all delegates, Waterfront Hall

**14.00 Tuesday 2 October 2018**

**Parallel Session B**

14.00 – 16.00 <i>Open Space Session</i>  <b>B1: Healthy Cities: Stories from WHO Europe (6)</b>	14.00 – 16.00 <i>Learning through practice</i>  <b>B2: Ageing populations: support systems to live at home</b>	14.00 – 16.00 <i>Learning through practice</i>  <b>B3: Giving children a voice: successful tools</b>	14.00 – 16.00 <i>Learning through practice</i>  <b>B4: Co-creation: approaches in shaping public health strategies</b>
14.00 – 16.00 <i>Learning through practice</i>  <b>B5: Collaboration is central to building successful &amp; inclusive city health policies</b>	14.00 – 16.00 <i>Learning through practice</i>  <b>B6: Smart technologies: designing inclusive public health interventions</b>	14.00 – 16.00 <i>Strategic workshop:</i>  <b>B7: Using place to make a difference title</b>	<b>14.00 – 16.00 Meeting</b>  <b>B8: Environment &amp; Health Working Group &amp; Environment &amp; Health Task Force joint meeting</b>

**16.00 Tuesday 2 October**

16.00 – 16.30: Break, Waterfront Hall

**16.30 Tuesday 2 October 2018**

**Parallel Sessions C**

16.30 – 18.00: <i>Strategic Workshop</i>	16.30 – 18.00 <i>Learning through practice</i>	16.30 – 18.00 <i>Learning through practice</i>	16.30 – 18.00 <i>Learning through practice</i>
<b>C1: Planetary Health (check if move to Wed?)</b>	<b>C2: Empowering older people: active participation for healthier lives</b>	<b>C3: Influencing the whole life course through setting and place</b>	<b>C4: Health Literacy: a means to improving health outcomes</b>
16.30 – 18.00 <i>Learning through practice</i>	16.30 – 18.00 <i>Learning through practice</i>	16.30 – 18.00 <i>Learning through practice</i>	16.30 – 18.00 <i>Business Meeting</i>
<b>C5: Engagement &amp; prevention strategies: measuring the impact</b>	<b>C6: Improving the health of children through urban design</b>	<b>C7: Inspiring change: Inclusive arts for health &amp; well being</b>	<b>C8: Environment &amp; Health Working Group meeting</b>

**18.30 Tuesday 2 October 2018**

18.30: Leave Riverside entrance of Waterfront Hall to walk to City Hall

19.00: Civic Reception, City Hall, Belfast

**21.00 Tuesday 2 October 2018**

21.30: Close of Civic Reception

**Wednesday 3 October 2018**

**7.00 Wednesday 3 October 2018**

7.00: Cycle, City side entrance, Waterfront Hall tbc

**7.30 Wednesday 3 October 2018**

7.30: Waterfront Walk, Riverside entrance, Waterfront Hall

**8.00 Wednesday 3 October 2018**

8.00: Registration, Riverside entrance, Waterfront Hall

**8.30 Wednesday 3 October 2018**

8.30 – 8.45: Orbit dance, Arts Care Northern Ireland

## 8.45 Wednesday 3 October 2018

8.45 – 10.15: Key note 2

Chair: Permanent Secretary, CEO tbc

Circular economy: opportunities and challenges for cities tbc

*Dr Janez Potocnik, Co-chair of United Nations Environment Programme International Resource Panel*

Presentation: Back to the future in Utrecht: rethinking European cities for People, Health and Well-Being at the time of the Sustainable Development Agenda tbc

*Vice Mayor Victor Everhardt, Utrecht, The Netherlands*

Round table discussion

## 10.15 Wednesday 3 October 2018

10.15: Delegates to leave for Site Visits at City side entrance, Waterfront Hall tbc

Tea & Coffee will be served on arrival at Site Visits

### People

<p><i>Innovative approaches to medicine</i></p> <p><b>Host:</b> Cancer Centre at Belfast Health and Social Care Trust and Macmillan Support and Information Centre. Including a visit to Botanic Gardens</p> <p><b>Places available:</b> 20</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Regional Trauma Unit, Royal Victoria Hospital</i></p> <p><b>Host:</b> Emergency Department, Royal Victoria Hospital, Belfast Health and Social Care Trust Including historical tour of the community.</p> <p><b>Places available:</b> 20</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Diversity in South Belfast</i></p> <p><b>Host:</b> Chinese Welfare Association and South Belfast Partnership Board Including a visit to Ormeau Park.</p> <p><b>Places available:</b> 20</p> <p><b>Lunch venue:</b> tbc</p>
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### Place

<p><i>Shaping the future development of Belfast, a Local Development Plan</i></p> <p><b>Host:</b> Belfast City Council Including a tour of Belfast's Cathedral Quarter</p> <p><b>Places available:</b> 30</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Connswater Community Greenway</i></p> <p><b>Host:</b> Eastside Visitors Centre Including a walk or cycle along the greenway.</p> <p><b>Places available:</b> 40</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Supported Housing for people living with dementia and developing Dementia Friendly Communities</i></p> <p><b>Host:</b> Belfast Health and Social Care Trust in partnership with Clanmil Housing Association, Radius Housing Including a guided historical tour of the local area.</p> <p><b>Places available:</b> 75</p> <p><b>Lunch venue:</b> tbc</p>
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<p><i>Public Health tour of Belfast</i></p> <p><b>Host:</b> Belfast Healthy Cities</p> <p><b>Places available:</b> 25</p> <p><b>Lunch venue:</b> tbc</p>		
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### Participation

<p><i>Treating conditions – exercise through prescriptions</i></p> <p><b>Host:</b> Active Belfast, Public Health Agency</p> <p><b>Places available:</b> 40</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>W5 Science Centre</i></p> <p><b>Host:</b> W5 Including a walking tour of Titanic Quarter</p> <p><b>Places available:</b> 50</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Early years; intervention approaches in Shankill</i></p> <p><b>Host:</b> Greater Shankill Partnership Including a walking tour of Shankill Road</p> <p><b>Places available:</b> 25</p> <p><b>Lunch venue:</b> tbc</p>
<p><i>Belfast – an age-friendly city</i></p> <p><b>Host:</b> Healthy Ageing Strategic Partnership Including participation in a tea dance</p> <p><b>Places available:</b> 30</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Belfast – A UNESCO Learning City</i></p> <p><b>Host:</b> Footprints Women’s Centre Including a tour of west Belfast.</p> <p><b>Places available:</b> 30</p> <p><b>Lunch venue:</b> tbc</p>	

### Prosperity

<p><i>Sustainable growth - a city region deal</i></p> <p><b>Host:</b> Belfast City Council Including a tour of Belfast City Hall</p> <p><b>Places available:</b> 30</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Prosperity along the River Lagan</i></p> <p><b>Host:</b> Department for Communities, Destination CQ BID</p> <p><b>Places available:</b> 25</p> <p><b>Lunch venue:</b> Tbc</p>	<p><i>Glider - A New Mode of Travel for Belfast</i></p> <p><b>Host:</b> Glider cross city service</p> <p><b>Places available:</b> 40</p> <p><b>Lunch venue:</b> Tbc</p>
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## Peace

<p><i>A Care Zone in North Belfast</i></p> <p><b>Host:</b> Care Zone Including a visit to Belfast Castle</p> <p><b>Places available:</b> 25</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Health and Housing</i></p> <p><b>Host:</b> Northern Ireland Housing Executive</p> <p><b>Places available:</b> 50</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Creating a shared city</i></p> <p><b>Host:</b> Girdwood Community Hub Including a visit to Crumlin Road Goal</p> <p><b>Places available:</b> 40</p> <p><b>Lunch venue:</b> tbc</p>
<p><i>Irish language in east Belfast</i></p> <p><b>Host:</b> East Belfast Mission Including a tour of ancient townlands connected to Gaelic Chieftains in east Belfast</p> <p><b>Places available:</b> 30</p> <p><b>Lunch venue:</b> tbc</p>		

## Planet

<p><i>Institute for Global Food Security</i></p> <p><b>Host:</b> Queen's University Belfast</p> <p><b>Places available:</b> 20-40</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Bryson Recycling – leading social enterprise</i></p> <p><b>Host:</b> Bryson Charity, Mallusk Included a guided tour of the north Belfast with panoramic views of Belfast</p> <p><b>Places available:</b> 30</p> <p><b>Lunch venue:</b> tbc</p>	<p><i>Devenish Nutrition – Dowth Farm Visit, Co Meath*</i></p> <p><b>Host:</b> Devenish Nutrition <i>*This site visit will leave the Waterfront at 8.00am and return at 1.30pm.</i></p> <p><b>Places available:</b> 45</p> <p><b>Lunch venue:</b> Dowth Farm, County Meath, Republic of Ireland</p>
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### 13.15 Wednesday 3 October 2018

13.15- 14.30: Lunch will be served following Site Visit at local restaurant



14.30 Wednesday 3 October 2018

Parallel Sessions D

14.30 – 16.30 <i>Round table</i>	14.30 – 16.00 <i>Strategic Workshop</i>	14.30 – 16.00 <i>Learning through practice</i>	14.30 – 16.00 <i>Learning through practice</i>
<b>D1: Northern Ireland's journey to Peace</b>	<b>D2: Nature and health: Place-making's contribution</b>	<b>D3: Young People's personal journeys: NEET (Not in education, employment, training) solutions</b>	<b>D4: Promoting mental health &amp; reducing suicides: urban strategies</b>
14.30 – 16.00 <i>Learning through practice</i>	14.30 – 16.00 <i>Learning through practice</i>	14.30 – 16.00 <i>Learning through practice</i>	<b>14.30 – 16.00 Training</b>
<b>D5: City policies for population &amp; planetary health</b>	<b>D6: Improving the health of children through urban design</b>	<b>D7: Making co-design real: improving people's lives or still a challenge</b>	<b>D8: Place Standard Tool, Part 1</b>

16.00 Wednesday 3 October 2018

16.00 – 16.30: Break, Waterfront Hall

16.30 Wednesday 3 October 2018

Parallel Sessions E

16.30-18.00 <i>Round table</i>	16.30-18.00 <i>Learning through practice</i>	16.30-18.00 <i>Learning through practice</i>	16.30-18.00 <i>Learning through practice</i>
<b>E1: Investing in early years: collaborating for better outcomes for children</b>	<b>E2: Building resilience in Belfast through community initiatives</b>	<b>E3: Participation, inclusion and community for healthy places</b>	<b>E4: Equity &amp; inclusion: urban, regional &amp; national initiatives</b>
16.30-18.00 <i>Learning through practice</i>	16.30-18.00 <i>Learning through practice</i>	16.30-18.00 <b>Training</b>	
<b>E5: Natural capital: promoting environmental sustainability</b>	<b>E6: Building capacity to reduce inequalities</b>	<b>E7: Place Standard Tool Training, Part 2</b>	

### **19.00 Wednesday 3 October 2018**

19.00: Politicians dinner, Riddell Hall, Stranmillis Road tbc

Politicians will be picked up at central locations tbc

### **22.00 Wednesday 3 October 2018**

22.00: Politicians return to hotels

## **Thursday 4 October 2018**

### **7.30 Thursday 4 October 2018**

7.30: Breakfast Seminar

Role of the Non-Government Organizations (NGOs) and community sector in Northern Ireland

Presentation: Ms Nora Smith, Chief Executive, CO3 (Chief officers of the third sector)

Panel: Representatives of Social Enterprise, NGOs and Community sectors

### **8.30 Thursday 4 October 2018**

8.30: Harmony Choir, North Belfast Schools

### **8.45 Thursday 4 October 2018**

8.45: Chair: CEO/Permanent Secretary tbc

Key note 3 & panel

### **10.00 Thursday 4 October 2018**

10.00 – 10.30: Break, Waterfront Hall

### **10.30 Thursday 4 October 2018**

## Parallel Session F

10.30 – 12.30 <i>Open Space session</i>	10.30 – 12.30 <i>Learning through practice</i>	10.30 – 12.30 <i>Learning through practice</i>	10.30 – 12.30 <i>Learning through practice</i>
<b>F1: Healthy Cities stories: beyond Europe (5)</b>	<b>F2: Entry points for healthy places: Architecture and urban design</b>	<b>F3: Leaving no one behind: Inclusive approaches towards universal well being</b>	<b>F4: Improving air quality: creating healthy urban environments</b>
10.30 – 12.30 <i>Learning through practice</i>	10.30 – 12.30 <i>Learning through practice</i>	10.30 – 12.30 <i>Learning through practice</i>	10.30 -12.30 <i>Learning through practice</i>
<b>F5: Schools: key vehicles for children improved health outcomes</b>	<b>F6: Collaboration: central to developing successful and inclusive city health policies</b>	<b>F7: Active travel and transit</b>	<b>F8: Climate Change: assessing risk and positive responses</b>

12.30 Thursday 4 October 2018

12.30: Moderated Poster Walk

12.30 – 14.00: Lunch, Waterfront Hall

14.00 Thursday 4 October 2018

## Parallel Session G

14.00 – 15.30 <i>Strategic Workshop</i>	14.00 – 15.30 <i>Learning through practice</i>	14.00 – 15.30 <i>Learning through practice</i>	14.00 – 15.30 <i>Learning through practice</i>
<b>G1: Second chance: Empowerment through community based learning</b>	<b>G2: Healthy place-making in the face of challenge</b>	<b>G3: Defining indicators: Multisectoral approaches to data collection</b>	<b>G4: Equity: barriers and new approaches</b>
14.00 – 15.30 <i>Learning through practice</i>	14.00 – 15.30 <i>Learning through practice</i>	14.00 – 15.30 <i>Learning through practice</i>	
<b>G5: Responding to the needs of new families and elderly immigrants</b>	<b>G6: Peace journeys: Building resilient communities</b>	<b>G7: Building Age Friendly Communities: mixed approaches</b>	

**15.30 Thursday 4 October 2018**

15.30 – 16.00: Break, Waterfront Hall

**16.00 Thursday 4 October 2018**

16.30 – 18.00: Plenary Official Closing

Healthy Cities 2024

Poster presentation Award

**19.00 Thursday 4 October 2018**

19.00: Glider (bus) to pick up delegates at key stops and travel to Titanic Museum

**19.30 Thursday 4 October 2018**

19.30 – 23.00: Farewell Reception, Titanic Belfast

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